



Andrea J. Dattadeen, LLC

Therapist

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PRIMARY PRACTICE AREAS:

- Court Related | OWI/DUI
- State of Michigan Drivers License Appeal
- Addictions | substances of abuse, food, gambling, etc.
- Phase of Life Issues | Relational, Occupational, etc.
- Anxiety & Depression stemming from trauma

LICENSURE & CERTIFICATIONS

- Professional counseling license number is: 6401015974 and can be viewed and verified using the following link: <https://w2.lara.state.mi.us/VAL/License/Search>

THERAPEUTIC PHILOSOPHY

If you choose to schedule an appointment with me you can expect a sincere, comfortable, and relaxing atmosphere in which I aspire to present a non-judgmental, genuine, and dedicated attitude. Recognizing that we all, at some point in our life, need a place that represents safety and support, I strive to offer a therapeutic environment in which my clients can expose their thoughts and feelings, re-establish healthy life skills, and gain new insight. I am dedicated to rendering services with clinical counseling principles, methods, and procedures in order that you may achieve spiritual, social, personal, career, and emotional development. The objective will be to promote and enhance healthy self-actualization and satisfying lifestyle. Self-awareness is a primary objective, and I utilize a variety of skill-building and process based techniques deriving from Cognitive Behavioral Techniques, Solution Focus Methods, Trauma Informed Practices, and Adlerian & Reality therapies to help my clients achieve their self-determined goals.

I've been told by my clients that they enjoy my honesty, genuine/sincere concern for their well-being, and sensitive approach.

ABOUT ME

I earned a B.A. in Sociology from Lee University in Cleveland, Tennessee. I earned my M.A. degree in Counseling from Grand Rapids Theological Seminary in Grand Rapids, Michigan. My formal education and professional experience have prepared me to counsel individuals, couples, families, groups, vocational, career guidance, treatment planning and development, and diagnostic interventions. For more than 12 years of my professional experience, I worked in the Child Welfare System addressing abuse and neglect concerns with families. I offered services such as substance abuse, relapse prevention, emotional and/or mental health counseling, and individual or family crisis interventions. I have additional focuses on Trauma Informed Practices that allow me to support individuals and families as they process current traumatic and/or life threatening situations. Additionally, I am on staff at Zeeland Church of God, and have been in ministry at this church for more than 10 years rendering individual counseling, crisis intervention, leadership, outreach programs, women's support groups, and youth and young adult groups.

On the personal side, most of my non-work related time is spent enjoying my husband and 4 children. Our family time is my "me time" We enjoy camping, outdoor adventures, crafting and building, and music.

INSPIRATIONAL QUOTES

- Let the wise listen and add to their learning, and let the discerning get guidance. ~ Proverbs 1:5
- The first to apologize is the bravest. The first to forgive is the strongest. The first to forget is the happiest. ~ Unknown