



Alecia L. Lewis, BS, SPADA

Therapist

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PRIMARY PRACTICE AREAS:

- Domestic Violence
- Substance Abuse
- Anger Management

LICENSURE & CERTIFICATIONS

- SPADA | Specialty Program in Alcohol & Drug Abuse | <https://wmich.edu/addictionstudies/academics/grad>
- BIPSCC | Batterer Intervention Provider Standards Compliance Council | <https://www.biscmi.org/what-is-bipsc/>

THERAPEUTIC PHILOSOPHY

The client can expect a respectful and understanding dialog to address the relative concerns. The client is the key resource and is encouraged to express their thoughts and feelings. From this dialogue, we will employ clinical techniques and learned methodologies to address the issues. Self-awareness is a primary objective of the process. Cognitive Behavior Therapy, Substance Abuse, Domestic Violence, and Anger Management techniques will assist the client in achieving their goals.

ABOUT ME

I earned a Bachelor's Degree in Business Administration from Aquinas College. Advance Degree Specializing In Alcohol and Drug Abuse from Western Michigan.(SPADA). I've also completed 40 hours of Domestic Violence & Anger Management training in order to satisfy the requirements of the Batterer Intervention Services Coalition of MI (BISC-MI) Certification.

My experience includes practice at non-profit organizations through, one-on-one counseling and group therapy. My goal is to be an asset to the community. My goal is to be a positive force in the community.

INSPIRATIONAL QUOTES

- To learn you must want to be taught. ~ Proverbs 12:1
- Happy is the person with a level head. ~ Proverbs 10:1
- What appears to be the end, may be the beginning. ~ Unknown