



SEAN A. ROBINSON, LPC, CAADC, SAP

Counselor & Proprietor

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PRIMARY PRACTICE AREAS:

- Court Related | OWI/DUI
- State of Michigan Drivers License Appeal
- DOT-SAP Return-To-Duty
- Addictions | substances of abuse, food, gambling, pornography
- Phase of Life Issues | Relational, Occupational, Financial, etc.

LICENSURE & CERTIFICATIONS

- Professional counseling license number is: 6401009578 and can be viewed and verified using the following link: <https://w2.lara.state.mi.us/VAL/License/Search>
- CAADC certification number is C-04173 and can be viewed and verified at: <http://www.mcbap.com/search.php>

THERAPEUTIC PHILOSOPHY

If you choose to schedule an appointment with me you can expect a comfortable atmosphere and a relaxed non-judgmental attitude. In the beginning, I will ask more questions but once baseline knowledge is obtained I become less directive and believe that each client will expose their thoughts & feelings if given the space to do so. I follow the 80/20 rule; I expect the client to talk 80% of the time with my clinical comments/insights accounting for the remaining 20% of the dialogue. I encourage each client to tell me what it is that they need from me (education, insights, advice, validation, etc.). Everyone has blind spots and I am honored to be given the opportunity to help identify and speak into the blind spots of my clients. Self-awareness is a primary objective and I utilize a variety of skill-building and process based techniques deriving from Cognitive Behavioral, Adlerian & Reality therapies to help my clients achieve their self-determined goals.

I've been told by my clients that they enjoy my sense of humor, candidness/honesty, and genuine concern for their well-being."

ABOUT ME

I earned a Bachelor's Degree in Business Administration from Grand Valley State University and Masters of Educational Psychology from Baylor University. Upon graduation I studied Spanish in Guadalajara, Mexico before moving from Texas to Michigan. I passed the national counseling examination and became licensed to practice counseling in 2005. I worked at two local non-profit agencies while slowly building my private practice. In 2009 Grand Rapids Counseling Services had grown to the point where it was no longer feasible to split my time and I have been working solely at GRCS ever since. We now have multiple counselors with a variety of specialties. My goal is to be a positive force in the communities in which we work.

On the personal side, most of my non-work related time is spent enjoying my wife and 4 children. In my "me time", I enjoy playing basketball, golf, traveling & photography.

INSPIRATIONAL QUOTES

- BE BRAVE | Behold the turtle. He only makes progress when he sticks his neck out. ~ James Bryant Conant
- And we know that in all things God works for the good of those who love Him, who have been called according to his purpose ~ Romans 8:28
- Life is 10% what happens to us and 90% how we react to it. ~ Dennis P. Kimbro
- Remember these simple guidelines for happiness: free your heart from hate, free your mind from worry, live simple, give more, expect less ~ Author Unknown
- Now faith is the assurance of things hoped for, the conviction of things not seen ~ Hebrews 11:1
- For God so loved the world that He gave his only begotten son, Jesus, that whoever belief in Him should not perish but have everlasting life. ~ John 3:16