



ERIC DAVIS Sr., CRC

Class & Group Facilitator / Recovery Coach

Direct | 616.536.0711 w/texting

Office | 616.988.3433

Fax | 313.899.7087

Email | eric@grcounseling.com

PRIMARY PRACTICE AREAS:

- Court Related | OWI/DUI
- State of Michigan Drivers License Appeal
- Addictions | substance abuse, gambling, shoplifting, etc...
- Anger Management & Domestic Violence
- Adolescent Behavior Modification

LICENSURE & CERTIFICATIONS

- **Certified Recovery Coach**
- **Addictions Studies Certification**

THERAPEUTIC PHILOSOPHY

I believe in providing a comfortable and relaxed atmosphere for each individual I work with. I expect a willingness and readiness to work on whatever challenges and/or obstacles an individual faces. We will approach each situation delicately and with optimism. It is important that the individual leaves each session feeling motivated and educated on how to bring resolve to whatever they are facing. I believe in assisting each client with building confidence, knowledge, and skills that can be utilized as prevention mechanisms. I like to utilize the Cognitive Behavioral Therapy approach when working with clients, this is an approach that helps to build self-awareness and helps clients to achieve their goals for counseling.

ABOUT ME

I obtained my Recovery Coach Certification in 2011 from C.A.R.T. (Center for Addictions Recovery Training). I went on to earn an Addictions Studies Certification from Grand Rapids Community College in 2014. I am currently working on an undergraduate degree of psychology at Cornerstone University. Before working in the Addiction Counseling field, I worked as a Juvenile Counselor for Wolverine Human Services in Vassar, MI and for Bethany Christian Services in Grand Rapids, MI. I have worked as an Addictions Counselor at the Salvation Army Adult Rehabilitation Center in Grand Rapids, MI, as a Recovery Coach for the Salvation Army Turning Point Program in Grand Rapids, MI and as the Operations Manager at the Guiding Light Mission in Grand Rapids, MI. I have been with Grand Rapids Counseling Services since April 2014, enjoying every opportunity to serve each individual that comes to us for a variety of different services.

When I'm not working or studying, I enjoy spending time with my wife, exercising, biking, golfing, and yard work.

INSPIRATIONAL QUOTES

- Therefore, if anyone is in Christ, he is a new creation; the old things have passed away; behold, all things have become new. - II Corinthians 5:17
- Have I not commanded you? Be strong and of good courage, do not be afraid, nor be dismayed, for the Lord your God is with you wherever you go. - Joshua 1:9
- I can do all things through Christ, who give me strength. - Philippians 4:13
- Life is 90% mental and 10% physical. - Unknown